



# SCENARIO EXERCISE WORKSHEET: SAFETY FUNCTION ACTION STRATEGIES, OBJECTIVES & TACTICS FOR **DISASTER RESPONDERS**

<b>SCENARIO:</b>	<b>HAZMAT:</b> Hospital Emergency Department	<b>ROLE:</b>	Emergency Nurse / Physician
<b>PREPARE SKILLS SET</b>	<ul style="list-style-type: none"> <li>• PLAN Disaster Role</li> <li>• PRACTICE Disaster Role</li> <li>• PRIORITIZE Stress Management</li> </ul>	<u>IDENTIFY PREPARE SKILLS to use for this scenario</u> Review family disaster plan – prepare family Inform out-of-town relatives/review family communication Check/pack/take Go-Kit Bring items for healthy lifestyle Review my role Review/bring SAFETY FUNCTION ACTION FLIPBOOK	

## KEYS TO DISASTER

HEALTH	STRATEGIES	OBJECTIVES	TACTICS
<b>SAFETY</b>	<b>SAFEGUARD</b> SAFEGUARD and protect disaster responders from harm.	<ul style="list-style-type: none"> <li>• SECURE</li> <li>• SHELTER</li> <li>• SHIELD</li> <li>• SIGNAL</li> </ul>	<u>Select, adapt, apply SAFEGUARD RESPONDER Tactics</u> Set up patient decontamination uphill/upwind from ED Prevent ingress and egress of patients, staff, and visitors Control for hyper/hypothermia Select and don appropriate personal protective equipment Clearly mark cold, warm and hot zones
	<b>SUSTAIN</b> SUSTAIN disaster responders with vital supplies and equipment.	<ul style="list-style-type: none"> <li>• SUPPLY</li> <li>• SERVE</li> <li>• STOCKPILE</li> <li>• STRETCH</li> </ul>	<u>Select, adapt, apply SUSTAIN RESPONDER Tactics</u> Assure additional PPE is available for responders Provide hydration and medical monitoring of those working in the warm and hot zones Request additional supplies, and stock accordingly Reuse supplies as able, discard all contaminated items
<b>FUNCTION</b>	<b>COMFORT</b> COMFORT, support, manage stress, and diminish distress for disaster responders.	<ul style="list-style-type: none"> <li>• RELAX</li> <li>• REASSURE</li> <li>• RESPECT</li> <li>• RESTATE</li> <li>• REFUEL</li> </ul>	<u>Select, adapt, apply COMFORT RESPONDER Tactics</u> Work in set shifts or intervals Take frequent breaks away from operational concerns Listen to relaxing music on break, or journal thoughts Talk to co-workers Check and restate worry thoughts
	<b>CONNECT</b> CONNECT disaster responders with team members and sources of interpersonal support. Maintain contact with home and family.	<ul style="list-style-type: none"> <li>• UNITE</li> <li>• UNIFY</li> <li>• UTILIZE SUPPORT</li> </ul>	<u>Select, adapt, apply CONNECT RESPONDER Tactics</u> Maintain constant professionalism Encourage, support, and uplift co-workers Practice the “buddy role” Be cautious of jokes and comments Focus on new responders and those with personal losses
<b>ACTION</b>	<b>ADVISE</b> ADVISE disaster responders about the disaster situation. Educate about positive coping strategies.	<ul style="list-style-type: none"> <li>• ADVISE ON DISASTER</li> <li>• ADVISE ON MISSION</li> <li>• ADVISE ON COPING</li> </ul>	<u>Select, adapt, apply ADVISE RESPONDER Tactics</u> Follow instructions and updates from the HAZMAT team leader via the ICS Follow ICS information channels only Avoid media propaganda Provide agent specific information to responders Encourage / Practice positive coping
	<b>ACTIVATE</b> ACTIVATE disaster responders to serve responsibly, capably, and resiliently.	<ul style="list-style-type: none"> <li>• ACTIVATE RESPONSIBLY</li> <li>• ACTIVATE CAPABLY</li> <li>• ACTIVATE RESILIENTLY</li> </ul>	<u>Select, adapt, apply ACTIVATE RESPONDER Tactics</u> Self-check – “I am ready, willing, able...” Know your role and responsibilities Take ownership and pride in your work Follow ICS Provide continual professionalism and support Review SAFETY FUNCTION ACTION sheet or flipbook



# SCENARIO EXERCISE WORKSHEET: SAFETY FUNCTION ACTION STRATEGIES, OBJECTIVES & TACTICS FOR **DISASTER SURVIVORS**

<b>SCENARIO:</b>	<b>HAZMAT-HOSPITAL</b>	
<b>RESPOND SKILLS SET</b>	<ul style="list-style-type: none"> <li>• APPROACH Survivors</li> <li>• ATTEND to Cultural Issues Special Needs</li> <li>• APPRAISE Survivors</li> </ul>	<p><u><i>IDENTIFY RESPOND SKILLS to use for this scenario</i></u></p> <p>Interface with survivors - Be there, listen and empathize            Customize care for “special populations”            Check personal biases            Use the SAFETY FUNCTION ACTION Checklist to identify survivor issues and select appropriate SAFETY FUNCTION ACTION tactics to address survivor needs</p>

**KEYS TO DISASTER**

HEALTH	STRATEGIES	OBJECTIVES	TACTICS
<b>SAFETY</b>	<b>SAFEGUARD</b>	<ul style="list-style-type: none"> <li>• SAVE</li> <li>• SECURE</li> <li>• SHELTER</li> <li>• SHIELD</li> <li>• SIGNAL</li> </ul>	<p><u><i>Select, adapt, apply SAFEGUARD SURVIVOR Tactics</i></u></p> <p>Sort contaminated/ uncontaminated, exposed/ unexposed            Provide rapid effective patient decontamination to contaminated/exposed persons            Prevent ingress and egress of patients, staff, and visitors            Control for hyper/hypothermia            Clearly mark cold, warm and hot zones            Provide patient gowns or clothing</p>
	<b>SUSTAIN</b>		
<b>FUNCTION</b>	<b>COMFORT</b>	<ul style="list-style-type: none"> <li>• RELAX</li> <li>• REASSURE</li> <li>• RESPECT</li> </ul>	<p><u><i>Select, adapt, apply COMFORT SURVIVOR Tactics</i></u></p> <p>Listen to and comfort survivors            Help survivors decrease their stress response            Provide reassurance and respect            Update contaminated/exposed survivors regularly regarding the agent and decontamination procedures            Review SAFETY FUNCTION ACTION tactics with survivors</p>
	<b>CONNECT</b>		
<b>ACTION</b>	<b>ADVISE</b>	<ul style="list-style-type: none"> <li>• ADVISE ON DISASTER</li> <li>• ADVISE ON COPING</li> </ul>	<p><u><i>Select, adapt, apply ADVISE SURVIVOR Tactics</i></u></p> <p>Update all survivors regularly on the emergency event            Educate survivors on the exposure, risk, and treatment            Provide SAFETY FUNCTION ACTION materials to survivors</p>
	<b>ACTIVATE</b>		
	<b>ACTIVATE</b>	<ul style="list-style-type: none"> <li>• ASSIST</li> <li>• ACCESS</li> </ul>	<p><u><i>Select, adapt, apply ACTIVATE SURVIVOR Tactics</i></u></p> <p>Assure that survivor tracking is in place            Help reunite survivors with loved ones            Provide communications to connect patients with family            Connect survivors to community support systems (churches, organizations, etc.)</p>
	<b>ACTIVATE</b>	<p>ADVISE and inform survivors about the disaster and teach coping strategies.</p>	
	<b>ACTIVATE</b>	<p>ACTIVATE survivors to participate in disaster recovery, aid other survivors, and access resources.</p>	