



SAFETY FUNCTION ACTION STRATEGIES, OBJECTIVES & TACTICS

SAFETY FUNCTION ACTION STRATEGIES FOR DISASTER RESPONDERS

SAFETY FUNCTION ACTION GOAL → ACHIEVE AND MAINTAIN A HIGH LEVEL OF DISASTER HEALTH AND WELL-BEING.

PREPARE SKILLS SET :
 PLAN FOR THE DISASTER ROLE • PRACTICE THE DISASTER ROLE • PRIORITIZE STRESS MANAGEMENT

KEYS TO DISASTER HEALTH

	STRATEGIES	OBJECTIVES	TACTICS
SAFETY	SAFEGUARD SAFEGUARD and protect disaster responders from harm.	SECURE <ul style="list-style-type: none"> Secure the home front. Secure the scene to protect responders. 	<ul style="list-style-type: none"> Provide human security. Assure responders of their safety.
		SHELTER <ul style="list-style-type: none"> Shelter in fortified structures. 	<ul style="list-style-type: none"> Safeguard responder facilities and disaster response sites.
	SUSTAIN SUSTAIN disaster responders with vital supplies and equipment.	SHIELD <ul style="list-style-type: none"> Shield with personal protective equipment. Maintain safe distance. 	<ul style="list-style-type: none"> Shield responders from excessive exposure to traumatic scenes.
		SIGNAL <ul style="list-style-type: none"> Attend to disaster warnings. Alert responders to danger. 	<ul style="list-style-type: none"> Signal the need for help.
		SUPPLY <ul style="list-style-type: none"> Supply basic needs. 	<ul style="list-style-type: none"> Provide interoperable equipment.
		SERVE <ul style="list-style-type: none"> Provide medical services. 	<ul style="list-style-type: none"> Provide essential services.
FUNCTION	COMFORT COMFORT, support, manage stress, and diminish distress for disaster responders.	STOCKPILE <ul style="list-style-type: none"> Identify sources of supply. Stockpile supplies for 120 hours. 	<ul style="list-style-type: none"> Rotate and restock regularly. Maintain Go-Kits.
		STRETCH <ul style="list-style-type: none"> Ration scarce resources. Improvise and substitute. 	<ul style="list-style-type: none"> Share resources among teams.
	CONNECT CONNECT disaster responders with team members and sources of interpersonal support. Maintain contact with home and family.	RELAX <ul style="list-style-type: none"> Practice stress management. 	<ul style="list-style-type: none"> Prioritize healthy sleep.
		REASSURE <ul style="list-style-type: none"> Listen actively to teammates. Display gratitude. Praise, encourage, motivate team. 	<ul style="list-style-type: none"> Be consistent: Say what you will do and do what you have said.
		RESPECT <ul style="list-style-type: none"> Comfort teammates who have been exposed to trauma. 	<ul style="list-style-type: none"> Validate teammates' reactions. Constructively address anger/agitation.
		RESTATE <ul style="list-style-type: none"> Restate "worry" thoughts. 	<ul style="list-style-type: none"> Restate positively to instill hope.
		REFUEL <ul style="list-style-type: none"> Engage in comforting self-care. Prevent burnout. 	<ul style="list-style-type: none"> Guard against compassion fatigue.
		UNITE <ul style="list-style-type: none"> Build supportive teams. Connect to buddies and teammates. 	<ul style="list-style-type: none"> Create positive work environment.
		UNIFY <ul style="list-style-type: none"> Network responder units. 	<ul style="list-style-type: none"> Link communications systems across responder units in the field.
		UTILIZE SUPPORT <ul style="list-style-type: none"> Give interpersonal support. Receive interpersonal support. 	<ul style="list-style-type: none"> "Be there" for team members. Connect to home and family.
ACTION	ADVISE ADVISE disaster responders about the disaster situation. Educate about positive coping strategies.	ADVISE ON DISASTER <ul style="list-style-type: none"> Provide disaster situation reports. 	<ul style="list-style-type: none"> Provide incident action plan.
		ADVISE ON MISSION <ul style="list-style-type: none"> Orient arriving teams. Provide team briefings. 	<ul style="list-style-type: none"> Conduct after action review.
	ACTIVATE ACTIVATE disaster responders to serve responsibly, capably, and resiliently.	ADVISE ON COPING <ul style="list-style-type: none"> Provide information on stress reactions. Advise on coping strategies. 	<ul style="list-style-type: none"> Inform about risk behaviors.
		ACTIVATE RESPONSIBLY <ul style="list-style-type: none"> Conduct self-check prior to duty. Review and rehearse disaster role. 	<ul style="list-style-type: none"> Know chain of command.
		ACTIVATE CAPABLY <ul style="list-style-type: none"> Stay focused on response duties. Perform disaster role competently. 	<ul style="list-style-type: none"> Improve/master response skills. Serve survivors effectively.
		ACTIVATE RESILIENTLY <ul style="list-style-type: none"> Maintain disaster health on duty. Balance work/home demands. 	<ul style="list-style-type: none"> Learn and grow from the disaster experience.



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SAFETY FUNCTION ACTION STRATEGIES FOR DISASTER SURVIVORS

SAFETY FUNCTION ACTION GOAL

ACHIEVE AND MAINTAIN A HIGH LEVEL OF DISASTER HEALTH AND WELL-BEING.

RESPOND SKILLS SET :

APPROACH DISASTER SURVIVORS • ATTEND TO CULTURAL ISSUES & SPECIAL POPULATIONS • APPRAISE DISASTER SCENE & SURVIVORS

KEYS TO DISASTER HEALTH

	STRATEGIES	OBJECTIVES	TACTICS
SAFETY	<p>SAFEGUARD SAFEGUARD survivors from harm and offer protection.</p> <p>SUSTAIN SUSTAIN survivors by providing basic survival needs.</p>	SAVE	<ul style="list-style-type: none"> Search for persons in harm's way. Rescue survivors from harm.
		SECURE	<ul style="list-style-type: none"> Secure the scene. Provide human security. Reassure survivors of their safety.
		SHELTER	<ul style="list-style-type: none"> Evacuate away from harm. Shelter in fortified structures.
		SHIELD	<ul style="list-style-type: none"> Shield from exposure to the scene. Shield from rumors, excess media.
		SIGNAL	<ul style="list-style-type: none"> Provide disaster warnings. Alert survivors to ongoing danger. Respond to signals for help.
		SUPPLY	<ul style="list-style-type: none"> Supply basic needs. Outreach and distribute supplies.
		SERVE	<ul style="list-style-type: none"> Provide or connect survivors to medical care. Assist survivors to restore essential services.
		STOCKPILE	<ul style="list-style-type: none"> Identify sources of supply. Stockpile supplies to aid survivors. Rotate and restock supplies.
		STRETCH	<ul style="list-style-type: none"> Ration scarce resources. Improvise and substitute.
		FUNCTION	<p>COMFORT COMFORT, calm, stabilize, and orient distressed and emotionally overwhelmed survivors.</p> <p>CONNECT CONNECT survivors to family, friends, neighbors, pets, community support systems, and disaster responders.</p>
REASSURE	<ul style="list-style-type: none"> Listen and respond attentively. Praise, encourage, and motivate. Be consistent: Say what you will do and do what you have said. 		
RESPECT	<ul style="list-style-type: none"> Validate survivor's reactions. Comfort survivors who have been exposed to trauma. Console survivors who are bereaved or who have witnessed a death. Aid survivors to diffuse anger/agitation. 		
UNITE	<ul style="list-style-type: none"> Keep family units intact. Reconnect separated loved ones. Facilitate family communications. Connect survivors to each other. 		
UTILIZE SUPPORT	<ul style="list-style-type: none"> Be a connection for survivors. Connect survivors with helpers. Inform survivors about the importance of interpersonal support. 		
ADVISE ON DISASTER	<ul style="list-style-type: none"> Provide survivors with information on the disaster. Provide regular disaster updates. 		
ACTION	<p>ADVISE ADVISE and inform survivors about the disaster and teach coping strategies.</p> <p>ACTIVATE ACTIVATE survivors to participate in disaster recovery, aid other survivors, and access resources.</p>	ADVISE ON COPING	<ul style="list-style-type: none"> Inform about stress reactions. Inform about coping strategies. Advise on the role of reminders. Advise about loss and change. Warn about risk behaviors.
		ASSIST	<ul style="list-style-type: none"> Engage survivors in recovery. Help survivors to help themselves. Help survivors to help each other.
		ACCESS	<ul style="list-style-type: none"> Give referrals to disaster services. Give referrals to support services.