



SAFETY FUNCTION ACTION STRATEGIES, OBJECTIVES & TACTICS

SAFETY FUNCTION ACTION STRATEGIES FOR DISASTER SURVIVORS

SAFETY FUNCTION ACTION GOAL → **ACHIEVE AND MAINTAIN A HIGH LEVEL OF DISASTER HEALTH AND WELL-BEING.**

RESPOND SKILLS SET :
 APPROACH DISASTER SURVIVORS • ATTEND TO CULTURAL ISSUES & SPECIAL POPULATIONS • APPRAISE DISASTER SCENE & SURVIVORS

KEYS TO DISASTER HEALTH

SAFETY

STRATEGIES

SAFEGUARD
 SAFEGUARD survivors from harm and offer protection.

SUSTAIN
 SUSTAIN survivors by providing basic survival needs.

OBJECTIVES

TACTICS

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| SAVE | <ul style="list-style-type: none"> Search for persons in harm's way. | <ul style="list-style-type: none"> Rescue survivors from harm. |
| SECURE | <ul style="list-style-type: none"> Secure the scene. Provide human security. | <ul style="list-style-type: none"> Reassure survivors of their safety. |
| SHELTER | <ul style="list-style-type: none"> Evacuate away from harm. | <ul style="list-style-type: none"> Shelter in fortified structures. |
| SHIELD | <ul style="list-style-type: none"> Shield from exposure to the scene. | <ul style="list-style-type: none"> Shield from rumors, excess media. |
| SIGNAL | <ul style="list-style-type: none"> Provide disaster warnings. Alert survivors to ongoing danger. | <ul style="list-style-type: none"> Respond to signals for help. |
| SUPPLY | <ul style="list-style-type: none"> Supply basic needs. | <ul style="list-style-type: none"> Outreach and distribute supplies. |
| SERVE | <ul style="list-style-type: none"> Provide or connect survivors to medical care. | <ul style="list-style-type: none"> Assist survivors to restore essential services. |
| STOCKPILE | <ul style="list-style-type: none"> Identify sources of supply. Stockpile supplies to aid survivors. | <ul style="list-style-type: none"> Rotate and restock supplies. |
| STRETCH | <ul style="list-style-type: none"> Ration scarce resources. | <ul style="list-style-type: none"> Improvise and substitute. |

FUNCTION

COMFORT
 COMFORT, calm, stabilize, and orient distressed and emotionally overwhelmed survivors.

CONNECT
 CONNECT survivors to family, friends, neighbors, pets, community support systems, and disaster responders.

RELAX

TACTICS

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|------------------------|--|--|
| RELAX | <ul style="list-style-type: none"> Teach stress management skills. Identify and reduce stressors. | <ul style="list-style-type: none"> Encourage healthy sleep. Stabilize overwhelmed survivors. |
| REASSURE | <ul style="list-style-type: none"> Listen and respond attentively. Praise, encourage, and motivate. | <ul style="list-style-type: none"> Be consistent: Say what you will do and do what you have said. |
| RESPECT | <ul style="list-style-type: none"> Validate survivors' reactions. Comfort survivors who have been exposed to trauma. | <ul style="list-style-type: none"> Console survivors who are bereaved or who have witnessed a death. Aid survivors to diffuse anger/agitation. |
| UNITE | <ul style="list-style-type: none"> Keep family units intact. Reconnect separated loved ones. | <ul style="list-style-type: none"> Facilitate family communications. Connect survivors to each other. |
| UTILIZE SUPPORT | <ul style="list-style-type: none"> Be a connection for survivors. Connect survivors with helpers. | <ul style="list-style-type: none"> Inform survivors about the importance of interpersonal support. |

ACTION

ADVISE
 ADVISE and inform survivors about the disaster and teach coping strategies.

ACTIVATE
 ACTIVATE survivors to participate in disaster recovery, aid other survivors, and access resources.

ADVISE ON DISASTER

TACTICS

ADVISE ON COPING

TACTICS

ASSIST

TACTICS

ACCESS

TACTICS

| | | |
|---------------------------|---|---|
| ADVISE ON DISASTER | <ul style="list-style-type: none"> Provide survivors with information on the disaster. | <ul style="list-style-type: none"> Provide regular disaster updates. |
| ADVISE ON COPING | <ul style="list-style-type: none"> Inform about stress reactions. Inform about coping strategies. Advise on the role of reminders. | <ul style="list-style-type: none"> Advise about loss and change. Warn about risk behaviors. |
| ASSIST | <ul style="list-style-type: none"> Engage survivors in recovery. Help survivors to help themselves. | <ul style="list-style-type: none"> Help survivors to help each other. |
| ACCESS | <ul style="list-style-type: none"> Give referrals to disaster services. Give referrals to support services. | |



SAFETY FUNCTION ACTION STRATEGIES, OBJECTIVES & TACTICS

SAFETY FUNCTION ACTION STRATEGIES FOR DISASTER RESPONDERS

SAFETY FUNCTION ACTION GOAL

ACHIEVE AND MAINTAIN A HIGH LEVEL OF DISASTER HEALTH AND WELL-BEING.

PREPARE SKILLS SET :

PLAN FOR THE DISASTER ROLE • PRACTICE THE DISASTER ROLE • PRIORITIZE STRESS MANAGEMENT

KEYS TO DISASTER HEALTH

| | STRATEGIES | OBJECTIVES | TACTICS | |
|-----------------|--|-----------------------------|--|---|
| SAFETY | SAFEGUARD SAFEGUARD and protect disaster responders from harm. | SECURE | <ul style="list-style-type: none"> Secure the home front. Secure the scene to protect responders. | <ul style="list-style-type: none"> Provide human security. Assure responders of their safety. |
| | | SHELTER | <ul style="list-style-type: none"> Shelter in fortified structures. | <ul style="list-style-type: none"> Safeguard responder facilities and disaster response sites. |
| | | SHIELD | <ul style="list-style-type: none"> Shield with personal protective equipment. Maintain safe distance. | <ul style="list-style-type: none"> Shield responders from excessive exposure to traumatic scenes. |
| | | SIGNAL | <ul style="list-style-type: none"> Attend to disaster warnings. Alert responders to danger. | <ul style="list-style-type: none"> Signal the need for help. |
| | | SUPPLY | <ul style="list-style-type: none"> Supply basic needs. | <ul style="list-style-type: none"> Provide interoperable equipment. |
| | SUSTAIN SUSTAIN disaster responders with vital supplies and equipment. | SERVE | <ul style="list-style-type: none"> Provide medical services. | <ul style="list-style-type: none"> Provide essential services. |
| | | STOCKPILE | <ul style="list-style-type: none"> Identify sources of supply. Stockpile supplies for 120 hours. | <ul style="list-style-type: none"> Rotate and restock regularly. Maintain Go-Kits. |
| | | STRETCH | <ul style="list-style-type: none"> Ration scarce resources. Improvise and substitute. | <ul style="list-style-type: none"> Share resources among teams. |
| | | RELAX | <ul style="list-style-type: none"> Practice stress management. | <ul style="list-style-type: none"> Prioritize healthy sleep. |
| | | REASSURE | <ul style="list-style-type: none"> Listen actively to teammates. Display gratitude. Praise, encourage, motivate team. | <ul style="list-style-type: none"> Be consistent: Say what you will do and do what you have said. |
| FUNCTION | COMFORT COMFORT, support, manage stress, and diminish distress for disaster responders. | RESPECT | <ul style="list-style-type: none"> Comfort teammates who have been exposed to trauma. | <ul style="list-style-type: none"> Validate teammates' reactions. Constructively address anger/agitation. |
| | | RESTATE | <ul style="list-style-type: none"> Restate "worry" thoughts. | <ul style="list-style-type: none"> Restate positively to instill hope. |
| | | REFUEL | <ul style="list-style-type: none"> Engage in comforting self-care. Prevent burnout. | <ul style="list-style-type: none"> Guard against compassion fatigue. |
| | CONNECT CONNECT disaster responders with team members and sources of interpersonal support. Maintain contact with home and family. | UNITE | <ul style="list-style-type: none"> Build supportive teams. Connect to buddies and teammates. | <ul style="list-style-type: none"> Create positive work environment. |
| | | UNIFY | <ul style="list-style-type: none"> Network responder units. | <ul style="list-style-type: none"> Link communications systems across responder units in the field. |
| | | UTILIZE SUPPORT | <ul style="list-style-type: none"> Give interpersonal support. Receive interpersonal support. | <ul style="list-style-type: none"> "Be there" for team members. Connect to home and family. |
| ACTION | ADVISE ADVISE disaster responders about the disaster situation. Educate about positive coping strategies. | ADVISE ON DISASTER | <ul style="list-style-type: none"> Provide disaster situation reports. | <ul style="list-style-type: none"> Provide incident action plan. |
| | | ADVISE ON MISSION | <ul style="list-style-type: none"> Orient arriving teams. Provide team briefings. | <ul style="list-style-type: none"> Conduct after action review. |
| | | ADVISE ON COPING | <ul style="list-style-type: none"> Provide information on stress reactions. Advise on coping strategies. | <ul style="list-style-type: none"> Inform about risk behaviors. |
| | ACTIVATE ACTIVATE disaster responders to serve responsibly, capably, and resiliently. | ACTIVATE RESPONSIBLY | <ul style="list-style-type: none"> Conduct self-check prior to duty. Review and rehearse disaster role. | <ul style="list-style-type: none"> Know chain of command. |
| | | ACTIVATE CAPABLY | <ul style="list-style-type: none"> Stay focused on response duties. Perform disaster role competently. | <ul style="list-style-type: none"> Improve/master response skills. Serve survivors effectively. |
| | | ACTIVATE RESILIENTLY | <ul style="list-style-type: none"> Maintain disaster health on duty. Balance work/home demands. | <ul style="list-style-type: none"> Learn and grow from the disaster experience. |